

STAGES OF CHANGE

Understand the Transtheoretical Model of Change to understand how intentional behavioral change happens, and how to support people through the process of change in relation to which stage the person is in.

SOCIAL DETERMINANTS OF HEALTH



Identify the determining factors that can affect an individual and community's wellness, and explore what can be done to improve health outcomes, health equity, support, and anti-stigma at all levels.

COMPREHENSIVE DRUG USER HEALTH FRAMEWORK

Understand the effects of stigma on health while looking at harm reduction strategies, infectious disease prevention, and how to implement a drug user health framework in your community.

REGROUNDING OUR RESPONSE

ADVERSE CHILDHOOD EXPERIENCES



Recognize how toxic stress alters the physiology of early brain development, contributing to the relationship between trauma and substance use, as well as the role of protective factors and community resilience.

MEDICATIONS FOR THE TREATMENT OF SUD

Examine the data behind medication treatment for those with opioid and substance use disorders (SUD) and learn how it can decrease stigma and numbers of overdose deaths.