

ROPTA PROGRAM PACKET



MarylandROPTA
REINFORCING OVERDOSE PREVENTION THROUGH TRAINING & ADVOCACY

UNIVERSITY OF
MARYLAND
EXTENSION

Mental Health First Aid

A universal, evidence-based training which teaches the public how to recognize, respond, and provide resources to people experiencing mental health or substance use challenges.

Training Options

- MHFA for Rural and Older Populations
- Adult MHFA
- Youth MHFA
- Instructor Certification
- Virtual and In-Person



Time Commitment

2 Hour Pre-Work + 6 Hour Live Instruction

Overdose Lifeline

An evidence-informed training series aimed at raising overdose awareness, teaching prevention strategies, and educating about local and national resources.

Training Options

- The Opioid Public Health Crisis
- Removing the Shame & Stigma of Addiction
- The Brain & the Disease of Addiction
- Guide to Harm Reduction
- This is Not About Drugs



OverdoseLifeline

Time Commitment

Option of 45 / 60 / 90 minutes each

Regrounding our Response

A series developed by the Maryland Department of Health to promote awareness, resources, and evidence-based strategies for reducing overdose and substance misuse.

Training Options

- Adverse Childhood Experiences
- Medication-Assisted Treatment
- Social Determinants of Health
- Drug User Health Framework
- Stages of Change

Time Commitment

60 - 90 minutes each



GenerationRX

An evidence-informed prevention education and awareness program designed to educate people of all ages about safe medication practices and the potential dangers of misuse.

Training Options

- Elementary
- Teens
- College-Aged
- Adult
- Older Adults

Time Commitment

60 minute session



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